

CLASS SUPPLEMENT

SKILL DEVELOPMENT PLANNER

Use this Skill Development Planner to make efficient use of your range time and training resources by "Front Loading" your practice. It is adapted from the Skill Development Cycle (SDC) taught by Rob Pincus of I.C.E. Training Company.

Start by identifying the skills you want to learn (for example: presenting a handgun from a holster). Dedicate whatever training sessions are necessary for you to learn that skill properly. Once you've learned the skill and have become technically proficient with it, spend time practicing that same skill until you're comfortable with it and able to safely and consistently perform it properly. Finally, you should evaluate your ability to perform the skill you've learned, perhaps by performing a specialized drill designed to test your ability with a particular skill, or seek the assistance of somebody who has mastered the skill themselves and can provide the feedback necessary.

Print the blank Skill Development Planner page to Learn/Practice/ Evaluate multiple skills simultaneously. A sample form is provided for additional reference.

ALWAYS TRAIN SAFELY AND NEVER ATTEMPT ANY TECHNIQUE THAT IS BEYOND YOUR ABILITIES.



SKILL DEVELOPMENT PLANNER

SHOOTING TECHNIQUE OR SKILL		TRAINING SESSION										
		1	2	3	4	5	6	7	8	9	10	
1	Presentation from Holster - Dry Fire	۷	P	P	Ε	P			P			
2	Presentation from Holster - Live Fire			۷	P	P		ε	P	P		
3	One-Handed Shooting (Strong Side)						L	P	E	P		
4	One-Handed Reload									4	P	
5				1								
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L = Learn / **P** = Practice / **E** = Evaluate



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