



TWO PERSON ARMED DEFENSE

BLOCK ONE: INTRODUCTION AND FUNDAMENTALS

LIVE FIRE PRACTICE GUIDE

After you have watched the video from our range session at least once, and read the supporting materials provided, it's time to get some practice in before we do our LIVE Q&A.

Always be sure that your firearm and other equipment are in good operating condition, you follow the rules of your range, using safety equipment and balancing risk and benefit by applying appropriate safety rules and procedures, particularly those discussed and demonstrated in the video.

Step 1

Set up your gear for training. While you should try to be as true to your most likely defensive carry set-up as possible, you need to be sure that you can perform all aspects of the drills safely. If you have any doubt, using an outside the waistband holster in the same place you normally carry IWB, or a larger version of the pistol you normally carry, can enhance safety without significantly impacting your fundamental skill development.

Step 2

Set up your camera so that it shows a good view of you performing the skills and you can safely start and stop it. The target is of less importance in most of the drills in this session. Side views are generally better than views from the rear. Showing your strong side is preferable to your support side.

Establish how you will receive commands during the drills. Remember that the primary reason for using "Random Commands" is to force you to process information immediately prior to applying your shooting skills. For this reason, it is important your commands and responses are not overly scripted.

Step 3

Work through the drills shared in the class video. Even if you are experienced in the techniques and drills being used in the early part of the video, going through all of the steps is the best form of practice here.

Tips

Review of Training Concepts & Safety

While these concepts have been covered many times in PDN material, including earlier Platinum Classes, it is imperative that any and all participants review them in order to get the most out of any training or practice session.

Fundamental Drills

Instructors experienced in the training methods utilized in these Platinum Classes, covering advanced or specialized material, always begin their range sessions with Fundamental Drills, which are expected to be below the competency level of all participants. DO NOT SKIP THESE DRILLS. Fundamental Drills are not meant to challenge participants. Rather, they're used to establish proper functioning of all safety equipment, firearms and the range itself.

If you have brought in a participant for the Two Person Armed Defense Drills who is not familiar enough with the baseline skills and techniques that underly this material, the exercises in Block One should reveal those deficiencies. In that case, take them through the drills of the first PDN Platinum Class, or encourage them to become a Platinum Member and do the work on their own before continuing.



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Step 4

Identify one or two 30-60 second video segments that you'd like feedback on and submit them to Platinum@personaldefensenetwork.com, including a link where we can view your video. All videos submitted within 10 days of the posting of Block One will be reviewed and possibly integrated into the LIVE Q&A for Platinum Members. Don't worry about being embarrassed or having your failures pointed out. Not only will you get very valuable feedback from one of the best defensive shooting instructors on earth, you will be helping others to learn as well. We are providing our Platinum Members an online experience like no other, the closest thing we've ever done to actually standing on the range with you as a student. A big part of any live fire training course is getting immediate feedback and learning from your failures. Submit your video to get the most out of this experience and help make the most of it for ALL Platinum Members!

Step 5

Submit your questions for the LIVE Q&A. Students always have follow up questions on the range. The best thing you can do is ask WHY, as in:

- Why is something shared in the video better than something else you may have seen?
- Why is something shared in the video not working for you?
- Why is a specific drill set up the way it is?

Maybe your question will be related to the video you watched before heading to the range, or maybe you never got a chance to get to the range for this session. That's okay, submit it for consideration. If we get several submissions along the same lines, it will help us craft future sessions to answer as much as possible on the first go 'round...and we will certainly address the issue on the LIVE Q&A.

Step 6

Set your schedule so that you can participate in the LIVE Q&A. You never know what direction the follow up will take. You may learn something new, gain a better understanding or think of a new question that you can get answered during the event. Exclusive Access to the Live Q&A is one of the special perks of Platinum Membership. Don't miss out!