



TWO PERSON ARMED DEFENSE

BLOCK TWO: MULTIPLE THREAT ENGAGEMENT

LIVE FIRE PRACTICE GUIDE

After you have watched the video from our range session at least once, and read the supporting materials provided, it's time to get some practice in before we do our LIVE Q&A.

Always be sure that your firearm and other equipment are in good operating condition, you follow the rules of your range, using safety equipment and balancing risk and benefit by applying appropriate safety rules and procedures, particularly those discussed and demonstrated in the video.

Step 1

Set up your gear for training. While you should try to be as true to your most likely defensive carry set-up as possible, you need to be sure that you can perform all aspects of the drills safely. If you have any doubt, using an outside the waistband holster in the same place you normally carry IWB, or a larger version of the pistol you normally carry, can enhance safety without significantly impacting your fundamental skill development.

Step 2

Set up your camera so that it shows a good view of you performing the skills and you can safely start and stop it. The target is of less importance in most of the drills in this session. Side views are generally better than views from the rear. Showing your strong side is preferable to your support side.

Establish how you will receive commands during the drills. Remember that the primary reason for using "Random Commands" is to force you to process information immediately prior to applying your shooting skills. For this reason, it is important your commands and responses are not overly scripted.

Step 3

Work through the drills shared in the class video. Even if you are experienced in the techniques and drills being used in the early part of the video, going through all of the steps is the best form of practice here.

Tips

"Assessment" is much more complex than most live fire programs account for. The trick is to not just move your eyes around or even just to notice things. The point is to specifically learn to quickly determine what people are doing.

- The best way to practice the Four Points of Assessing your Environment is to do it away from the range. Stop yourself when in the public space and try to quickly find people in your environment doing novel things. Just like "holding a gun" is normal on the range, "walking" is normal on the sidewalk. Look for things that stand out!
- While you may not actually act out moving to a "position of advantage", you should include the exercise of thinking about where such a position might be.

The Multiple Target Engagement Drill (MTED) is deceptively challenging for most people. It is very rare on a live fire range to be required to avoid any focus on your target or your firearm.

- Be sure that you have the pistol back in the high compressed ready position before you start to assess your environment. On the range, this gives you a chance to simulate evaluating the threat you just dealt with, to be sure you can break your focus on it. In the real world, developing this habit will prevent you from leaving the gun at extension while assessing and in advertently looking like a threat to others.



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- If the MTED starts to seem too easy, you are probably not taking enough time or finding enough detail while you are in the assessment phase. A training partner can be very helpful. For example, asking you to recall the specific details of what you learned. Remember, you are only really interested in what people are *doing*.

Step 4

Identify one or two 30-60 second video segments that you'd like feedback on and submit them to Platinum@personaldefensenetwork.com, including a link where we can view your video. All videos submitted within 10 days of the posting of Block One will be reviewed and possibly integrated into the LIVE Q&A for Platinum Members. Don't worry about being embarrassed or having your failures pointed out. Not only will you get very valuable feedback from one of the best defensive shooting instructors on earth, you will be helping others to learn as well. We are providing our Platinum Members an online experience like no other, the closest thing we've ever done to actually standing on the range with you as a student. A big part of any live fire training course is getting immediate feedback and learning from your failures. Submit your video to get the most out of this experience and help make the most of it for ALL Platinum Members!

Step 5

Submit your questions for the LIVE Q&A. Students always have follow up questions on the range. The best thing you can do is ask WHY, as in:

- Why is something shared in the video better than something else you may have seen?
- Why is something shared in the video not working for you?
- Why is a specific drill set up the way it is?

Maybe your question will be related to the video you watched before heading to the range, or maybe you never got a chance to get to the range for this session. That's okay, submit it for consideration. If we get several submissions along the same lines, it will help us craft future sessions to answer as much as possible on the first go 'round...and we will certainly address the issue on the LIVE Q&A.

Step 6

Set your schedule so that you can participate in the LIVE Q&A. You never know what direction the follow up will take. You may learn something new, gain a better understanding or think of a new question that you can get answered during the event. Exclusive Access to the Live Q&A is one of the special perks of Platinum Membership. Don't miss out!