



Knit Socks: Two at a Time!

By Kate Atherley



Top-Down Worsted Weight

Materials

- Sprightly Yarns Acrylic Wool Worsted (80% acrylic, 20% wool; 216 yds per 100 gm ball); 1 ball for all sizes
- US #6/4 mm circular needles — one 32-40-inch, or two 16-inch
- 2 safety pins or removable stitch markers

Gauge

22 stitches and 30 rounds over 4 inches/10 cm square in stockinette stitch

Sizes and Measurements

To Fit Foot Circumference: 5.5 (6, 6.5, 7.5, 8, 8.5, 9, 9.5, 10, 10.5, 11) inches

Finished Sock Circumference: 5 (5.5, 6, 6.5, 7, 7.5, 8, 8.5, 9, 9.5, 10) inches

Leg length and foot length are adjustable to fit.

Method

CUFF & LEG

Divide your yarn into two balls.

Setup for Magic Loop: With the first ball of yarn, leave a long tail and cast on 14 (15, 17, 18, 19, 21, 22, 23, 25, 26, 28) sts onto the needle. With the second ball, cast on another 28 (30, 34, 36, 38, 42, 44, 46, 50, 52, 56) sts, onto the same end. Fold the needle and pull out the 'loop' at the center of the second set of sts. With the first ball of yarn again, cast on another 14 (15, 17, 18, 19, 21, 22, 23, 25, 26, 28) sts onto the second side (across from the first set, where the last st of the second ball is).

Setup for Two Circulars: With the first ball of yarn, cast on 28 (30, 34, 36, 38, 42, 44, 46, 50, 52, 56) sts onto your first needle. Slip half of the sts onto the second needle. Starting at the mid-point of the first set of sts, using the first needle again and the second ball of yarn, cast on another 28 (30, 34, 36, 38, 42, 44, 46, 50, 52, 56) sts. Slip the first half of these sts onto the second needle, as you did before.

For both setups: You should now have two sets of stitches, ready to be joined. The working yarn should be hanging off the same needle/same side of the cord, on the right-hand side of the stitches.

Tip: Check to make sure the stitches are not twisted before you proceed. Hold the work so that the working yarns are both on the back needle, both on the right sides of the stitches.

Top-Down Worsted Weight

Method, continued

Ribbing round: [K1, p1] across both sets of sts on the first side, pulling the working yarn tight to join. Work [k1, p1] across both sets of sts on the second side.

Work ribbing as set until socks measure 2 inches from cast-on edge.

Tip: It's helpful to weave in ends in at this point, and put a safety pin or removable stitch marker in the fabric of the sock at the start-of-round position.

Work even in stockinette stitch until sock measures desired length to top of heel flap

HEEL FLAP

This portion is knitted flat on the first side only.

Heel Flap row 1 (RS): Knit first 14 (15, 17, 18, 19, 21, 22, 23, 25, 26, 28) sts of both socks, then turn so that the WS is facing.

Heel Flap row 2 (WS): [Slip 1, p13 (14, 16, 17, 18, 20, 21, 22, 24, 25, 27)] across both sets of sts, turn.

Heel Flap row 3 (RS): [Slip 1, k13 (14, 16, 17, 18, 20, 21, 22, 24, 25, 27)] across both sets of sts, turn.

Heel Flap row 4 (WS): [Slip 1, p13 (14, 16, 17, 18, 20, 21, 22, 24, 25, 27)] across both sets of sts, turn.

Repeat the last 2 rows 4 (4, 5, 6, 6, 7, 7, 8, 9, 9, 10) more times. RS is facing for the next row.

IMPORTANT NOTE: *The heels are turned separately on each sock, and the gusset setup is broken into two steps.*

HEEL TURN & GUSSET SETUP

Working only on the stitches of the one sock, proceed...

Heel Turn row 1 (RS): K9 (10, 11, 12, 13, 14, 15, 15, 17, 17, 19), ssk, turn.

Heel Turn row 2 (WS): Slip 1, p4 (5, 5, 6, 7, 7, 8, 7, 9, 8, 10), p2tog, turn.



Heel Turn row 3 (RS): Slip 1, k4 (5, 5, 6, 7, 7, 8, 7, 9, 8, 10), ssk, turn.

Heel Turn row 4 (WS): Slip 1, p4 (5, 5, 6, 7, 7, 8, 7, 9, 8, 10), p2tog, turn.

Repeat the last 2 rows until all sts have been worked, ending with a WS row. 6 (7, 7, 8, 9, 9, 10, 9, 11, 10, 12) sts remain.

If using Magic Loop, with RS facing, knit the heel sts, then pick up and 8 (8, 9, 10, 10, 11, 11, 12, 13, 13, 14) sts along selvage edge at side of heel, using slipped sts as a guide.

If using Two Circulars, with RS facing, knit the heel sts, then with the same needle, pick up and knit 8 (8, 9, 10, 10, 11, 11, 12, 13, 13, 14) sts along selvage edge at side of heel, using slipped sts as a guide.

Top-Down Worsted Weight

Go back and work the Heel Turn & Gusset Setup on the second sock.

COMPLETE THE GUSSET

At this point, you'll be positioned at the start of the instep sts of the second sock.

Magic Loop Setup

Keeping the 'loop' at the break between the just-picked-up gusset sts and the instep, work across the 14 (15, 17, 18, 19, 21, 22, 23, 25, 26, 28) sts of the instep of both socks. You'll be back at the start of the round, and the other side 'loop' should be here.

*Pick up and knit 8 (8, 9, 10, 10, 11, 11, 12, 13, 13, 14) sts along selvage edge at other side of heel, using slipped sts as a guide. Work across the heel sts and the first set of picked-up sts.

Repeat from * for the second sock.

Two Circulars Setup

With the second needle, work across 14 (15, 17, 18, 19, 21, 22, 23, 25, 26, 28) sts of the instep of both socks. You'll be back at the start of the round.

*With the heel-side needle, pick up and knit 8 (8, 9, 10, 10, 11, 11, 12, 13, 13, 14) sts along selvage edge at other side of heel, using slipped sts as a guide. With the same needle, work across the heel sts and the first set of picked-up sts.

Repeat from * for the second sock.

Continue

22 (23, 25, 28, 29, 31, 32, 33, 37, 36, 40) sts on the sole and 14 (15, 17, 18, 19, 21, 22, 23, 25, 26, 28) sts on the instep; 36 (38, 42, 46, 48, 52, 54, 56, 62, 62, 68) sts total.

Work across the instep of both socks. You're at the start of the sole sts.

DECREASE GUSSET

Round 1, decrease: [K1, ssk, knit to the last 3 sts of sole, k2tog, k1] across both sets of sole sts; knit all instep sts. 2 sts decreased per sock.

Round 2: Knit around.

Repeat the last 2 rounds until 28 (30, 34, 36, 38, 42, 44, 46, 50, 52, 56) sts rem total on your needles; 14 (15, 17, 18, 19, 21, 22, 23, 25, 26, 28) sts on both the instep and the sole.

FOOT

Work even until foot measures 1.25 (1, 1.25, 1.5, 1.5, 1.5, 1.75, 1.75, 2, 2.25, 2.25) inches less than desired foot length.

SHAPE TOE

Round 1, decrease: [K1, ssk, knit to the last 3 sts of sole, k2tog, k1] across both sets of sole sts, [k1, ssk, knit to last 3 sts of instep, k2tog, k1] across both sets of instep sts. 4 sts decreased per sock.

Round 2: Knit around.

Repeat the last 2 rounds 3 (3, 4, 4, 4, 5, 5, 6, 6, 7, 7) more times, then work 1 more decrease round. 8 (10, 10, 12, 14, 14, 16, 14, 18, 16, 20) sts rem.

Cut yarn, leaving an 8-inch tail. Using Kitchener stitch, graft toe.

FINISHING

Wash to block. Weave in ends.

Top-Down Worsted Weight

Glossary and Techniques

Slip 1: On the RS rows, slip the stitch as if to purl with the yarn held in back; on the WS rows, slip the stitch as if to purl with the yarn held in front.

SSK: Slip the next 2 stitches, one by one, knitwise; return them to the left needle without twisting them and knit them together through the back loop.

Kitchener Stitch: You can find a good tutorial here:

<https://www.craftsy.com/knitting/article/knitting-kitchener-stitch-tutorial/>

Top-Down Fingering Weight

Materials

- Cloudborn Merino Superwash Sock Twist Hand Paints (80% Superwash Merino wool, 20% polyamide; 467 yds per 100 gm skein); 1 skein for all sizes
- US #1.5/2.5 mm circular needles — one 32-40-inch, or two 16-inch
- 2 safety pins or removable stitch markers

Gauge

32 stitches and 44 rounds over 4 inches/10 cm square in stockinette stitch

Sizes and Measurements

To Fit Foot Circumference: 5.5 (6, 6.5, 7.5, 8, 8.5, 9, 9.5, 10, 10.5, 11) inches

Finished Sock Circumference: 5 (5.5, 6, 6.5, 7, 7.5, 8, 8.5, 9, 9.5, 10) inches

Leg length and foot length are adjustable to fit.

Method

CUFF & LEG

Divide your yarn into two balls.

Setup for Magic Loop: With the first ball of yarn, leave a long tail and cast on 20 (22, 24, 26, 28, 30, 32, 34, 36, 38, 40) sts onto the needle. With the second ball, cast on another 40 (44, 48, 52, 56, 60, 64, 68, 72, 76, 80) sts, onto the same end. Fold the needle and pull out the 'loop' at the center of the second set of sts. With the first ball of yarn again, cast on another 20 (22, 24, 26, 28, 30, 32, 34, 36, 38, 40) sts onto the second side (across from the first set, where the last st of the second ball is).



Setup for Two Circulars: With the first ball of yarn, cast on 40 (44, 48, 52, 56, 60, 64, 68, 72, 76, 80) sts onto your first needle. Slip half of the sts onto the second needle. Starting at the mid-point of the first set of sts, using the first needle again and the second ball of yarn, cast on another 40 (44, 48, 52, 56, 60, 64, 68, 72, 76, 80) sts. Slip the first half of these sts onto the second needle, as you did before.

For both setups: You should now have two sets of stitches, ready to be joined. The working yarn should be hanging off the same needle/same side of the cord, on the right-hand side of the stitches.

Tip: Check to make sure the stitches are not twisted before you proceed. Hold the work so that the working yarns are both on the back needle, both on the right sides of the stitches.

Top-Down Fingering Weight

Method, continued

Ribbing round: [K1, p1] across both sets of sts on the first side, pulling the working yarn tight to join. Work [k1, p1] across both sets of sts on the second side.

Work ribbing as set until socks measure 2 inches from cast-on edge.

Tip: It's helpful to weave in ends in at this point, and put a safety pin or removable stitch marker in the fabric of the sock at the start-of-round position.

Work even in stockinette stitch until sock measures desired length to top of heel flap.

HEEL FLAP

Heel Flap row 1 (RS): Knit first 20 (22, 24, 26, 28, 30, 32, 34, 36, 38, 40) sts of both socks, then turn so that the WS is facing.

Heel Flap row 2 (WS): [Slip 1, p19 (21, 23, 25, 27, 29, 31, 33, 35, 37, 39)] across both sets of sts, turn.

Heel Flap row 3 (RS): [Slip 1, k19 (21, 23, 25, 27, 29, 31, 33, 35, 37, 39)] across both sets of sts, turn.

Heel Flap row 4 (WS): [Slip 1, p19 (21, 23, 25, 27, 29, 31, 33, 35, 37, 39)] across both sets of sts, turn.

Repeat the last 2 rows 7 (7, 8, 9, 10, 11, 12, 12, 13, 14, 15) more times. RS is facing for the next row.

IMPORTANT NOTE: *The heels are turned separately on each sock, and the gusset setup is broken into two steps.*

HEEL TURN & GUSSET SETUP

Working only on the stitches of the one sock, proceed...

Heel Turn row 1 (RS): K13 (15, 16, 17, 19, 20, 21, 23, 24, 26, 27), ssk, turn.

Heel Turn row 2 (WS): Slip 1, p6 (8, 8, 8, 10, 10, 10, 12, 12, 14, 14), p2tog, turn.

Heel Turn row 3 (RS): Slip 1, k6 (8, 8, 8, 10, 10, 10, 12, 12, 14, 14), ssk, turn.

Heel Turn row 4 (WS): Slip 1, p6 (8, 8, 8, 10, 10, 10, 12, 12, 14, 14), p2tog, turn.

Repeat the last 2 rows until all sts have been worked, ending with a WS row. 8 (10, 10, 10, 12, 12, 12, 14, 14, 16, 16) sts remain.

If using Magic Loop, with RS facing, knit the heel sts, then pick up and knit 11 (11, 12, 13, 14, 15, 16, 16, 17, 18, 19) sts along selvage edge at side of heel, using slipped sts as a guide.

If using Two Circulars, with RS facing, knit the heel sts, then with the same needle, pick up and knit 11 (11, 12, 13, 14, 15, 16, 16, 17, 18, 19) sts along selvage edge at side. of heel, using slipped sts as a guide.

Top-Down Fingering Weight

Go back and work the Heel Turn & Gusset Setup on the second sock

COMPLETE THE GUSSET

At this point, you'll be positioned at the start of the instep sts of the second sock.

Magic Loop Setup

Keeping the 'loop' at the break between the just-picked-up gusset sts and the instep, work across the 20 (22, 24, 26, 28, 30, 32, 34, 36, 38, 40) sts of the instep of both socks. You'll be back at the start of the round, and the other side 'loop' should be here.

*Pick up and knit 11 (11, 12, 13, 14, 15, 16, 16, 17, 18, 19) sts along selvage edge at other side of heel, using slipped sts as a guide. Work across the heel sts and the first set of picked-up sts.

Repeat from * for the second sock.

Two Circulars Setup

With the second needle, work across 20 (22, 24, 26, 28, 30, 32, 34, 36, 38, 40) sts of the instep of both socks. You'll be back at the start of the round.

*With the heel-side needle, pick up and knit 11 (11, 12, 13, 14, 15, 16, 16, 17, 18, 19) sts along selvage edge at other side of heel, using slipped sts as a guide. With the same needle, work across the heel sts and the first set of picked-up sts.

Repeat from * for the second sock.

Continue

30 (32, 34, 36, 40, 42, 44, 46, 48, 52, 54) sts on the sole and 20 (22, 24, 26, 28, 30, 32, 34, 36, 38, 40) sts on the instep; 50 (54, 58, 62, 68, 72, 76, 80, 84, 90, 94) sts total.

Work across the instep of both socks. You're at the start of the sole sts.

DECREASE GUSSET

Round 1, decrease: [K1, ssk, knit to last 3 sts of sole, k2tog, k1] across both sets of sole sts; knit all instep sts. 2 sts decreased per sock.

Round 2: Knit around.

Repeat the last 2 rounds until 40 (44, 48, 52, 56, 60, 64, 68, 72, 76, 80) sts rem total on your needles; 20 (22, 24, 26, 28, 30, 32, 34, 36, 38, 40) sts on both the instep and the sole.

FOOT

Work even until foot measures 1.25 (1.25, 1.25, 1.5, 1.5, 1.75, 2, 2, 2, 2.25, 2.25) inches less than desired foot length.

SHAPE TOE

Round 1, decrease: [K1, ssk, knit to last 3 sts of sole, k2tog, k1] across both sets of sole sts, [k1, ssk, knit to last 3 sts of instep, k2tog, k1] across both sets of instep sts. 4 sts decreased per sock.

Round 2: Knit around.

Repeat the last 2 rounds 5 (5, 6, 7, 7, 8, 9, 9, 10, 11, 11) more times, then work 1 more decrease round. 12 (16, 16, 16, 20, 20, 20, 24, 24, 24, 28) sts rem.

Cut yarn, leaving an 8-inch tail. Using Kitchener stitch, graft toe.

FINISHING

Wash to block. Weave in ends.

Top-Down Fingering Weight

Glossary and Techniques

Slip 1: On the RS rows, slip the stitch as if to purl with the yarn held in back; on the WS rows, slip the stitch as if to purl with the yarn held in front.

SSK: Slip the next 2 stitches, one by one, knitwise; return them to the left needle without twisting them and knit them together through the back loop.

Kitchener Stitch: You can find a good tutorial here:

<https://www.craftsy.com/knitting/article/knitting-kitchener-stitch-tutorial/>

Toe-Up Worsted Weight

Materials

- Sprightly Yarns Acrylic Wool Worsted (80% acrylic, 20% wool; 216 yds per 100 gm ball); 1 ball for all sizes
- US #6/4 mm circular needles — one 32-40-inch, or two 16-inch
- 2 safety pins or removable stitch markers
- 4 ring-style stitch markers

Gauge

22 stitches and 30 rounds over 4 inches/10 cm square in stockinette stitch

Sizes and Measurements

To Fit Foot Circumference: 5.5 (6, 6.5, 7.5, 8, 8.5, 9, 9.5, 10, 10.5, 11) inches

Finished Sock Circumference: 5 (5.5, 6, 6.5, 7, 7.5, 8, 8.5, 9, 9.5, 10) inches

Leg length and foot length are adjustable to fit.

Method

Divide your yarn into two balls.

TOE

Using the first ball of yarn and Judy's Magic Cast-On, CO 8 (10, 10, 12, 14, 14, 16, 18, 18, 20, 20) sts; 4 (5, 5, 6, 7, 7, 8, 9, 9, 10, 10) sts on each side. If you're using Magic Loop, ensure the loop is pulled out at the break between the two sides of sts. If you're using two circulars, divide the two sides across the two needles.

Slide the first set of stitches down onto the cords, away from the working needle tips. Using the second ball of yarn, repeat the CO, ensuring the working yarn ends up on the same side of the needle for both sets of stitches. You should have two sets of stitches, side by side, ready to be joined. 8 (10, 10, 12, 14, 14, 16, 18, 18, 20, 20) sts total on each sock; the first 4 (5, 5, 6, 7, 7, 8, 9, 9, 10, 10) sts form the sole, the second 4 (5, 5, 6, 7, 7, 8, 9, 9, 10, 10) sts form the instep.

Setup round: Knit all the way around both socks, working any twisted stitches through the back loop.

Increase round: [K1, m1, knit to last st of sole, m1, k1] on both socks, then [k1, m1, knit to last st of instep, m1, k1] on both socks. 4 sts increased per sock.

Following round: Knit around.

Tip: As you get a little further through the toe, it's helpful to weave in your ends, and put a safety pin or removable stitch marker in the fabric of the sock at the start-of-round position.

Repeat the last 2 rounds until you have 28 (30, 34, 36, 38, 42, 44, 46, 50, 52, 56) sts total on each sock; 14 (15, 17, 18, 19, 21, 22, 23, 25, 26, 28) sts on each instep and sole.

Toe-Up Worsted Weight

Method, continued

FOOT

Work even in stockinette stitch until foot measures 2.5 (2.75, 3, 3.25, 3.25, 3.75, 3.75, 4, 4.25, 4.5, 4.75) inches less than desired foot length.

GUSSET INCREASES

Round 1: [M1R, place marker, knit to end of sole sts, place marker, M1L] across each sock, then knit all instep stitches. 2 sts increased per sock.

Round 2: Knit around.

Round 3: [M1R, knit to end of sole sts – including the increased sts, M1L] across each sock, then knit all instep stitches. 2 sts increased per sock.

Round 4: Knit around.

Repeat the last 2 rounds 2 (3, 3, 4, 4, 5, 5, 5, 6, 6, 7) more times, until you have 4 (5, 5, 6, 6, 7, 7, 7, 8, 8, 9) sts outside the markers on each side.

IMPORTANT NOTE: The heels are turned separately on each sock. These instructions use German Short Rows, but you can substitute your preferred method.

HEEL STEP 1 – THE TURN

Working only on the stitches of the one sock, proceed...

Heel Turn row 1 (RS): Knit to second marker, remove marker, turn work.

Heel Turn row 2 (WS): DS, purl to first marker, remove marker, turn work.

Heel Turn row 3: DS, knit to double stitch, turn work.



Heel Turn row 4: DS, purl to double stitch, turn work.

Repeat the last 2 rows until you have 5 (5, 6, 6, 6, 7, 7, 8, 8, 9, 9) double stitches at the end of the heel stitches, and 4 (4, 5, 5, 5, 6, 6, 7, 7, 8, 8) double stitches at the start of the heel stitches.

Next row, work first set of DS and start heel flap (RS): DS, k4 (5, 5, 6, 7, 7, 8, 7, 9, 8, 10) (this should take you to first double stitch), knit next 4 (4, 5, 5, 5, 6, 6, 7, 7, 8, 8) double stitches (working both legs of the stitch together), then work an ssk on the last double stitch and the first gusset st, turn. 1 gusset st decreased.

Next row, work second set of DS (WS): Slip 1, purl to first double stitch, purl next 4 (4, 5, 5, 5, 6, 6, 7, 7, 8, 8) double stitches (working both legs of the stitch together), then work a p2tog on the last double stitch and the first gusset st, turn. 1 gusset st decreased.

Toe-Up Worsted Weight

Method, continued

HEEL STEP 2 – THE FLAP

Heel Flap row 1 (RS): Slip 1, k12 (13, 15, 16, 17, 19, 20, 21, 23, 24, 26), ssk, turn. 1 gusset st decreased.

Heel Flap row 2 (WS): Slip 1, p12 (13, 15, 16, 17, 19, 20, 21, 23, 24, 26), p2tog, turn. 1 gusset st decreased.

Repeat the last 2 rows 1 (2, 2, 3, 3, 4, 4, 4, 5, 5, 6) more times. 1 gusset st rem on each side.

Final Heel Flap row (RS): Slip 1, k12 (13, 15, 16, 17, 19, 20, 21, 23, 24, 26), ssk. 29 (31, 35, 37, 39, 43, 45, 47, 51, 53, 57) sts.

At this point, you should be at the end of the sole sts, positioned to work the second sock.

Go back and work the Heel Turn and Heel Flap again on the second sock.

LEG

At this point, you should be positioned at the start of the instep of both socks, and there will be 1 final gusset st remaining at the start of the sole sts. You will resume working in the round.

Transition Round: Knit all instep sts of both socks, [k2tog, k to end of sole sts] on both socks, then knit all instep sts. 1 gusset st decreased on both socks; 28 (30, 34, 36, 38, 42, 44, 46, 50, 52, 56) sts total on each sock; 14 (15, 17, 18, 19, 21, 22, 23, 25, 26, 28) sts on each instep and sole. Start of round is again at the start of the sole sts.

Work even in stockinette stitch until sock measures desired length to ribbing.

CUFF

Ribbing round: [K1, p1] around.

Work ribbing as set for 2 inches, or desired length.

Bind off using the Russian Lace method, or any other stretchy BO.

FINISHING

Wash to block. Weave in ends.

Toe-Up Worsted Weight

Glossary & Techniques

DS: Create a double stitch. With yarn in front, slip the next stitch as if to purl, pull yarn up and over the needle, so that both legs of the stitch are up on the needle; if next stitch is to be knit, ensure yarn is at the back, if next stitch is to be purled, bring the yarn all the way around the front again.

Judy's Magic Cast-On: <http://knitty.com/ISSUEspring06/FEATmagiccaston.html>

M1: I recommend Elizabeth Zimmermann's backwards loop make 1 increase; just make a backwards loop and put it on the right-hand needle.

M1R: Insert left needle, from back to front, under strand of yarn which runs between last stitch on left needle and first stitch on right needle; knit this stitch through front loop.

M1L: Insert left needle, from front to back, under strand of yarn which runs between last stitch on left needle and first stitch on right needle; knit this stitch through back loop.

Russian Lace Bind-Off: K2, *slip these two stitches purlwise back to left needle, k2tog-tbl, k1; repeat from * until a single stitch remains. Break yarn and pull the end through to secure.

Slip 1: On the RS rows, slip the stitch as if to purl with the yarn held in back; on the WS rows, slip the stitch as if to purl with the yarn held in front.

SSK: Slip the next 2 stitches, one by one, knitwise; return them to the left needle without twisting them and knit them together through the back loop.

Toe-Up Fingering Weight

Materials

- Cloudborn Merino Superwash Sock Twist Hand Paints (80% Superwash Merino wool, 20% polyamide; 467 yds per 100 gm skein); 1 skein for all sizes
- US #1.5/2.5 mm circular needles — one 32-40-inch, or two 16-inch
- 2 safety pins or removable stitch markers
- 4 ring-style stitch markers

Gauge

32 stitches and 44 rounds over 4 inches/10 cm square in stockinette stitch

Sizes and Measurements

To Fit Foot Circumference: 5.5 (6, 6.5, 7.5, 8, 8.5, 9, 9.5, 10, 10.5, 11) inches

Finished Sock Circumference: 5 (5.5, 6, 6.5, 7, 7.5, 8, 8.5, 9, 9.5, 10) inches

Leg length and foot length are adjustable to fit.

Method

Divide your yarn into two balls.

TOE

Using the first ball of yarn and Judy's Magic Cast-On, CO 12 (12, 16, 16, 20, 20, 24, 24, 28, 28) sts; 6 (6, 8, 8, 10, 10, 12, 12, 12, 14, 14) sts on each side. If you're on Magic Loop, ensure the loop is pulled out at the break between

the two sides of sts. If you're using two circulars, divide the two sides across the two needles.

Slide the first set of stitches down onto the cords, away from the working needle tips. Using the second ball of yarn, repeat the CO ensuring the working yarn ends up on the same side of the needle for both sets of stitches. You should have two sets of stitches, side by side, ready to be joined. 12 (12, 16, 16, 20, 20, 24, 24, 28, 28) sts total on each sock; the first 6 (6, 8, 8, 10, 10, 12, 12, 12, 14, 14) sts form the sole, the second 6 (6, 8, 8, 10, 10, 12, 12, 12, 14, 14) sts form the instep.

Setup round: Knit all the way around both socks, working any twisted stitches through the back loop.

Increase round: [K1, m1, knit to last st of sole, m1, k1] on both socks, then [k1, m1, knit to last st of instep, m1, k1] on both socks. 4 sts increased per sock.

Following round: Knit around.

Tip: As you get a little further through the toe, it's helpful to weave in your ends, and put a safety pin or removable stitch marker in the fabric of the sock at the start-of-round position.

Repeat the last 2 rounds until you have 40 (44, 48, 52, 56, 60, 64, 68, 72, 76, 80) sts total on each sock; 20 (22, 24, 26, 28, 30, 32, 34, 36, 38, 40) sts on each instep and sole.

Toe-Up Fingering Weight

Method, continued

FOOT

Work even in stockinette stitch until foot measures 2.5 (2.75, 3, 3.25, 3.5, 3.75, 4.25, 4.25, 4.5, 4.75, 5) inches less than desired foot length.

GUSSET INCREASES

Round 1: [M1R, place marker, knit to end of sole sts, place marker, M1L] across each sock, then knit all instep stitches. 2 sts increased per sock.

Round 2: Knit around.

Round 3: [M1R, knit to end of sole sts – including the increased sts, M1L] across each sock, then knit all instep stitches. 2 sts increased per sock.

Round 4: Knit around.

Repeat the last 2 rounds 5 (6, 7, 7, 8, 9, 10, 10, 11, 12, 12) more times, until you have 7 (8, 9, 9, 10, 11, 12, 12, 13, 14, 14) sts outside the markers on each side.

IMPORTANT NOTE: The heels are turned separately on each sock. These instructions use German Short Rows, but you can substitute your preferred method.

HEEL STEP 1 – THE TURN

Working only on the stitches of the one sock, proceed...

Heel Turn row 1 (RS): Knit to second marker, remove marker, turn work.

Heel Turn row 2 (WS): DS, purl to first marker, remove marker, turn work.

Heel Turn row 3: DS, knit to double stitch, turn work.

Heel Turn row 4: DS, purl to double stitch, turn work.

Repeat the last 2 rows until you have 7 (7, 8, 9, 9, 10, 11, 11, 12, 12, 13) double stitches at the end of the heel stitches, and 6 (6, 7, 8, 8, 9, 10, 10, 11, 11, 12) double stitches at the start of the heel stitches.

Next row, work first set of DS and start heel flap (RS): DS, k6 (8, 8, 8, 10, 10, 10, 12, 12, 14, 14) (this should take you to the first double stitch), knit next 6 (6, 7, 8, 8, 9, 10, 10, 11, 11, 12) double stitches (working both legs of the stitch together), then work an ssk on the last double stitch and the first gusset st, turn. 1 gusset st decreased.

Next row, work second set of DS (WS): Slip 1, purl to first double stitch, purl next 6 (6, 7, 8, 8, 9, 10, 10, 11, 11, 12) double stitches (working both legs of the stitch together), then work a p2tog on the last double stitch and the first gusset st, turn. 1 gusset st decreased.

Toe-Up Fingering Weight

Method, continued

HEEL STEP 2 – THE FLAP

Heel Flap row 1 (RS): Slip 1, k18 (20, 22, 24, 26, 28, 30, 32, 34, 36, 38), ssk, turn. 1 gusset st decreased.

Heel Flap row 2 (WS): Slip 1, p18 (20, 22, 24, 26, 28, 30, 32, 34, 36, 38), p2tog, turn. 1 gusset st decreased.

Repeat the last 2 rows 4 (5, 6, 6, 7, 8, 9, 9, 10, 11, 11) more times. 1 gusset st rem on each side.

Final Heel Flap row (RS): Slip 1, k18 (20, 22, 24, 26, 28, 30, 32, 34, 36, 38), ssk. 41 (45, 49, 53, 57, 61, 65, 69, 73, 77, 81) sts.

At this point, you should be at the end of the sole stitches, positioned to work the second sock.

Go back and work the Heel Turn and Heel Flap again on the second sock.

LEG

At this point, you should be positioned at the start of the instep of both socks, and there will be 1 final gusset st remaining at the start of the sole sts. You will resume working in the round.

Transition Round: Knit all instep sts of both socks, [k2tog, knit to end of sole sts] on both socks, then knit all instep sts. 1 gusset st decreased on both socks; 40 (44, 48, 52, 56, 60, 64, 68, 72, 76, 80) sts total on each sock; 20 (22, 24, 26, 28, 30, 32, 34, 36, 38, 40) sts on each instep and sole. Start of round is again at the start of the sole sts.

Work even in stockinette stitch until sock measures desired length to ribbing.



CUFF

Ribbing round: [K1, p1] around.

Work ribbing as set for 2 inches, or desired length.

Bind off using the Russian Lace method, or any other stretchy BO.

FINISHING

Wash to block. Weave in ends.

Toe-Up Fingering Weight

Glossary & Techniques

DS: Create a double stitch. With yarn in front, slip the next stitch as if to purl, pull yarn up and over the needle, so that both legs of the stitch are up on the needle; if next stitch is to be knit, ensure yarn is at the back, if next stitch is to be purled, bring the yarn all the way around the front again.

Judy's Magic Cast-On: <http://knitty.com/ISSUESpring06/FEATmagiccaston.html>

M1: I recommend Elizabeth Zimmermann's backwards loop make 1 increase; just make a backwards loop and put it on the right-hand needle.

M1R: Insert left needle, from back to front, under strand of yarn which runs between last stitch on left needle and first stitch on right needle; knit this stitch through front loop.

M1L: Insert left needle, from front to back, under strand of yarn which runs between last stitch on left needle and first stitch on right needle; knit this stitch through back loop.

Russian Lace Bind-Off: K2, *slip these two stitches purlwise back to left needle, k2tog-tbl, k1; repeat from * until a single stitch remains. Break yarn and pull the end through to secure.

Slip 1: On the RS rows, slip the stitch as if to purl with the yarn held in back; on the WS rows, slip the stitch as if to purl with the yarn held in front.

SSK: Slip the next 2 stitches, one by one, knitwise; return them to the left needle without twisting them and knit them together through the back loop.

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